

Meirionnydd Winter Race Series 2003/04

<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Rhobell Fawr</u>	<u>Tarren Hendre</u>	<u>Ras yr Aran</u>	<u>Overall</u>
DONNELLY, Colin	Eryri	Men O/40	00:52:46	00:56:47	01:28:50	3:18:23
GILLILAND, Stephen	Bro Dysynni	Men O/40	00:53:57	00:56:48	01:39:22	3:30:07
JONES, Carl	Wrexham	Snr Men	01:01:42	01:05:19	01:46:32	3:53:33
BEESON, Paul	Newtown AC	Snr Men	01:03:06	01:09:34	01:47:20	4:00:00
OLDRID, Geoff	Aberystwyth	Men O/40	01:02:43	01:08:19	01:52:16	4:03:18
JONES, Joseph	Bro Dysynni	Snr Men	01:04:08	01:09:27	01:58:01	4:11:36
SPENCER, Graham	Mercia	Men O/50	01:04:13	01:11:25	02:04:06	4:19:44
BRADLEY, Nicholas	Bro Dysynni	Men O/40	01:15:23	01:23:47	02:14:24	4:53:34
ROBERTS, Iowerth	Eryri	Men O/60	01:20:22	01:33:06	02:26:49	5:20:17
PRICE, Alison	Bro Dysynni	Women	01:32:04	01:30:57	02:18:43	5:21:44
SANDERSON, Andy	Bro Dysynni	Men O/40	01:14:22	01:16:17	02:56:22	5:27:01

Supported by Impact printers, Tywyn, Athletes Feet, Rhuddlan, Forestry Commission, Railway Inn, Abergynolwyn, Eagles Inn, Llanuwchllyn, and especially Organic Aran Lamb.